

Weekly program schedule table with columns for days of the week (月, 火, 水, 木, 金, 土, 日) and time slots (6:00 to 5:00). Includes program titles like 'I & U-LaLa ハッピーモーニング', 'I & U-LaLa Weekend Selection', and 'I & U-LaLa Evening Zone'. A large text block '今日もうららか市川うららFMです!' is present on the Monday column.

I & U-LaLa 夜明けのセレクション